

## STICKER 5 - 2007

**STICKER 5m - 23RD JUNE 2007**View the photos at [www.kasstzam.com](http://www.kasstzam.com)

<b>PLACE</b>	<b>TIME</b>	<b>NAME</b>	<b>TEAM</b>	<b>CATEGORY</b>
1	0:26:04	STIRK, Nigel	Tipton Harriers	Male under 40
2	0:26:14	SHILSTON, Oliver	Cornwall AC	Male under 40
3	0:26:25	BUZZA, Dave	Cornwall AC	Male Vet 40-44
4	0:27:35	HARRY, Chris	Cornwall AC	Male Vet 45-49
5	0:27:49	PULLEN, Matt	Cornwall AC	Male under 40
6	0:28:09	HEARD, Mark	Launceston Road Runners	Male under 40
7	0:28:19	KEAST, Jon	Cornwall AC	Male under 40
8	0:28:38	MARTIN, Nick	Mile High	Male Vet 45-49
9	0:28:54	GREGG, Paul	Tamar Trotters	Male Vet 40-44
10	0:28:56	DEVENPORT, Peter		Male under 40
11	0:28:58	WALKER, Ken	Newquay Road Runners	Male under 40
12	0:29:01	ELLIS, Peter	Hayle Runners	Male under 40
13	0:29:07	ANGUS, Steve	Border Harriers	Male under 40
14	0:29:19	DAVIES, Paul	North Staffs RR	Male Vet 45-49
15	0:29:22	PASCOE, Jason	Cornwall AC	Male under 40
16	0:29:24	HODGE, Chris	Carn Runners	Male Vet 45-49
17	0:29:41	CLEAVE, Ryan	Falmouth Road Runners	Male under 40
18	0:29:46	WHERRY, Steven	Carn Runners	Male Vet 40-44
19	0:29:47	TUGWELL, Philip	Cornwall AC	Male under 40
20	0:30:00	ROWE, David	Truro Running Club	Male Vet 40-44
21	0:30:04	THOMAS, Justin	Cornwall AC	Male under 40
22	0:30:08	GRAY, Peter	Oxford City AC	Male Vet 45-49
23	0:30:28	TATLOW, Adam	Cornwall AC	Male under 40
24	0:30:39	DAVIS, Martin	Newquay Road Runners	Male Vet 45-49
25	0:30:50	DAVIS, Glynn	Carn Runners	Male Vet 40-44
26	0:30:56	BESTWICK, Paul	Falmouth Road Runners	Male under 40
27	0:31:02	FRIDAY, Jo	Cornwall AC	Female under 35
28	0:31:07	ROBINSON, Michael	Hayle Runners	Male under 40
29	0:31:11	STEPHENS, Jeremy	Hayle Runners	Male under 40
30	0:31:16	HODGSON, Graham	Newquay Road Runners	Male Vet 45-49
31	0:31:24	ANSELL, Scott		Male under 40
32	0:31:30	KNOWLES, Juliet	Carn Runners	Female Vet 35-39
33	0:31:37	WELLAND, Michael	Oxford City AC	Male Vet 60-64
34	0:31:40	TURNER, Dave	Truro Running Club	Male Vet 40-44
35	0:31:41	BEATTIE, Mike	Plymouth Harriers	Male Vet 55-59
36	0:31:45	SPRINGALL, Darryl	Truro Running Club	Male under 40
37	0:31:51	DOYLE, John	Mounts Bay Harriers	Male Vet 45-49
38	0:31:55	PARSONS, David	Oxford City AC	Male Vet 60-64
39	0:31:56	WAGER, Damien	Hayle Runners	Male under 40
40	0:31:57	WILES, Brian	Launceston Road Runners	Male Vet 60-64
41	0:32:04	COOPER, Allan	Truro Running Club	Male Vet 55-59
42	0:32:06	KNOWLES, Simon	Hayle Runners	Male under 40
43	0:32:07	GOODREID, Ian	Hayle Runners	Male Vet 45-49
44	0:32:14	SOUTHBY, Dave	Cornwall AC	Male Vet 40-44
45	0:32:16	CASSIDY, Andrew	Truro Running Club	Male Vet 50-54
46	0:32:18	RICHARDS, Robert	Hayle Runners	Male Vet 55-59
47	0:32:20	CHAPMAN, Mick	Falmouth Road Runners	Male Vet 40-44
48	0:32:21	MARTIN, Stephanie	Newquay Road Runners	Female Vet 35-39
49	0:32:25	JEFFERYS, Warren	Hayle Runners	Male under 40
50	0:32:26	WORTH, John	Hayle Runners	Male Vet 50-54
51	0:32:27	ANGILLY, David	Cornwall AC	Male Vet 40-44
52	0:32:28	RESCORLA, Kensa	Carn Runners	Female under 35
53	0:32:31	MITCHELL, Nigel	Truro Running Club	Male Vet 40-44
54	0:32:32	LOCKETT, Pat	Newquay Road Runners	Male Vet 60-64
55	0:32:41	PELL, David	Cornwall AC	Male Vet 40-44
56	0:32:49	COCKINGS, Rob	Truro Running Club	Male Vet 40-44
57	0:32:50	WEBB, Sean	Hayle Runners	Male under 40
58	0:33:00	MACLAREN, Donald		Male Vet 45-49
59	0:33:03	STEPHENSON, Mark	Newquay Road Runners	Male Vet 45-49

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60	0:33:04	CROWLE, Revis	East Cornwall Harriers	Female Vet 45-49
61	0:33:05	PURVIS, Adam	East Cornwall Harriers	Male under 40
62	0:33:12	ANSELL, Linda	Newquay Road Runners	Female Vet 40-44
63	0:33:15	VINZELBERG, Friedhelm		Male Vet 45-49
64	0:33:18	MILES, Carl	Newquay Road Runners	Male under 40
65	0:33:19	WOOD, Bill	Falmouth Road Runners	Male Vet 40-44
66	0:33:20	STURDY, Arron		Male under 40
67	0:33:21	GWYNNE, Paul		Male Vet 40-44
68	0:33:23	ASHBURN, Justin	Falmouth Road Runners	Male under 40
69	0:33:25	DOWRICK, Mike	Hayle Runners	Male under 40
70	0:33:27	EMMERTON, Kevin	Newquay Road Runners	Male Vet 45-49
71	0:33:30	DAW, Sharon	East Cornwall Harriers	Female Vet 40-44
72	0:33:32	POLGLASE, Tom	Carn Runners	Male Vet 55-59
73	0:33:33	MARSTON, Jeremy	Mounts Bay Harriers	Male under 40
74	0:33:35	TEARE, Danny	Falmouth Road Runners	Male under 40
75	0:33:45	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 40-44
76	0:33:48	TREBILCOCK, Mark	Truro Running Club	Male Vet 45-49
77	0:33:50	ALSOP, Doug	Falmouth Road Runners	Male Vet 55-59
78	0:33:52	CURTIS, Ken	Cornwall AC	Male Vet 40-44
79	0:33:55	PETTIT, Danny	Newquay Road Runners	Male Vet 40-44
80	0:33:57	CROWLE, Arron	East Cornwall Harriers	Male under 40
81	0:34:02	WEDLOCK, Kiri	Cornwall AC	Female under 35
82	0:34:08	CALCRAFT, John		Male under 40
83	0:34:09	PLAYER, Garry	East Cornwall Harriers	Male Vet 40-44
84	0:34:10	SMITH, Derek	Hayle Runners	Male Vet 45-49
85	0:34:11	MARSH, Danny	Cornwall AC	Male under 40
86	0:34:17	FERGUSON, Andrew	Truro Running Club	Male Vet 40-44
87	0:34:21	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 55-59
88	0:34:24	BUNTING, Colin	Tamar Trotters	Male Vet 40-44
89	0:34:26	KNOWLES, Michael	Carn Runners	Male Vet 40-44
90	0:34:27	KEAST, Sarah	Cornwall AC	Female Vet 35-39
91	0:34:28	HOPPS, Peter	Tamar Trotters	Male Vet 45-49
92	0:34:30	RUTLAND, Clive	Oxford City AC	Male Vet 60-64
93	0:34:33	SHIPWAY, Mike	Woodstock Harriers	Male Vet 65-69
94	0:34:35	HILL, Terry	Hayle Runners	Male Vet 45-49
95	0:34:37	PORTER, Darrin	Truro Running Club	Male Vet 40-44
96	0:34:39	KEARNEY, Peter	Carn Runners	Male Vet 40-44
97	0:34:40	BOSUSTOW, Suzy	Cornwall AC	Female under 35
98	0:34:47	THOMPSON, John	Newquay Road Runners	Male Vet 50-54
99	0:34:50	QUINN, Sean		Male under 40
100	0:34:55	STRINGER, Justin	Truro Running Club	Male under 40
101	0:34:56	RITCHIE, Janet	Carn Runners	Female Vet 45-49
102	0:35:00	BURGESS, Kathryn		Female under 35
103	0:35:01	STATTON, Pete	Launceston Road Runners	Male under 40
104	0:35:02	BROOKS, Jessica	City of Norwich AC	Female under 35
105	0:35:04	TORR, Peter	Cornwall AC	Male Vet 50-54
106	0:35:06	MORGAN, David	Hayle Runners	Male Vet 55-59
107	0:35:09	ALMEY, Jenny	Cornwall AC	Female under 35
108	0:35:10	KELVEY, Lucy	Newquay Road Runners	Female under 35
109	0:35:13	FACEY, Richard	Holmforth Harriers	Male Vet 50-54
110	0:35:15	RUETSCH, Fiona	Hayle Runners	Female Vet 40-44
111	0:35:23	CROWLE, Mark	Newquay Road Runners	Male under 40
112	0:35:25	LAURIE, Andrew		Male Vet 40-44
113	0:35:37	CROWLE, Ian	East Cornwall Harriers	Male Vet 45-49
114	0:35:38	EDWARDS, John	Hayle Runners	Male Vet 45-49
115	0:35:41	KESTLE, Mike	Newquay Road Runners	Male Vet 50-54
116	0:35:43	TOWNEND, Stewart	Hayle Runners	Male Vet 60-64
117	0:35:44	ANDREWS, Mark	East Cornwall Harriers	Male Vet 50-54
118	0:35:47	BRAY, Vivian	Cornwall AC	Male Vet 40-44
119	0:35:49	YATES, Rich	Launceston Road Runners	Male Vet 40-44
120	0:35:53	ULLMAN, Chris	East Cornwall Harriers	Male under 40
121	0:35:54	STORER, Graham	Cornwall AC	Male Vet 45-49
122	0:36:14	TONKIN, Craig	Hayle Runners	Male under 40

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123	0:36:19	LAURILLARD, Anthony	Tamar Trotters	Male Vet 60-64
124	0:36:20	WHITLEY, Mike	Launceston Road Runners	Male Vet 40-44
125	0:36:23	EVANS, Julian	Falmouth Road Runners	Male under 40
126	0:36:24	BUSCOMBE, Charles		Male under 40
127	0:36:27	BUSCOMBE, Nicholas		Male under 40
128	0:36:28	SHAPLAND, Ron	Newquay Road Runners	Male Vet 60-64
129	0:36:34	HARRIS, Ali	Tamar Trotters	Female Vet 35-39
130	0:36:35	BENNETT, Charlotte	Hayle Runners	Female under 35
131	0:36:40	HOLMAN, Tony	Hayle Runners	Male Vet 60-64
132	0:36:45	ZAPATA, Carlos	Falmouth Road Runners	Male Vet 40-44
133	0:36:46	FROST, Theresa	Womens Running Net (C)	Female Vet 50-54
134	0:36:50	POPE, Robert	Truro Running Club	Male Vet 45-49
135	0:36:51	ARMITAGE, Ian	Hayle Runners	Male Vet 45-49
136	0:36:52	YOUNG, Roy	Ackworth RR	Male Vet 55-59
137	0:36:54	DREW, Ceri	Carn Runners	Female under 35
138	0:36:56	RINGER, Ian	East Cornwall Harriers	Male Vet 60-64
139	0:36:57	HARRIS, Geoff	Newquay Road Runners	Male Vet 45-49
140	0:37:00	RICHARDSON, Lesley	Newquay Road Runners	Female Vet 45-49
141	0:37:06	COX, Steve	Newquay Road Runners	Male Vet 40-44
142	0:37:08	REYNOLDS, Steve	Newquay Road Runners	Male Vet 40-44
143	0:37:18	WIMBERLEY, Graham		Male Vet 40-44
144	0:37:22	HARPER, Andy	Hayle Runners	Male Vet 40-44
145	0:37:22	TOWERS, Julie	Launceston Road Runners	Female Vet 45-49
146	0:37:30	ROWE, Gareth		Male Vet 50-54
147	0:37:33	JENNESS, Derek	Tamar Trotters	Male Vet 55-59
148	0:37:34	STALLARD, Emma	Cornwall AC	Female Vet 35-39
149	0:37:36	ANGILLEY, Jayne	Hayle Runners	Female Vet 40-44
150	0:37:39	STEED, Christina	East Cornwall Harriers	Female under 35
151	0:37:41	CHAPMAN, Sam	Falmouth Road Runners	Male under 40
152	0:37:42	HERBERT, Sarah	Launceston Road Runners	Female Vet 40-44
153	0:37:43	REEVE, Paul	Cornwall AC	Male under 40
154	0:37:44	LAYCOCK, Gregg	Truro Running Club	Male under 40
155	0:37:46	MACK, Mike	Carn Runners	Male Vet 55-59
156	0:37:47	DOBSON, Lesley	Newquay Road Runners	Female Vet 40-44
157	0:37:49	ORCHARD, Mike	Hayle Runners	Male Vet 45-49
158	0:37:55	LUSTY, Liz	Truro Running Club	Female Vet 40-44
159	0:38:02	HUGHES, Martin		Male under 40
160	0:38:03	WOTTON, Lisa	Truro Running Club	Female Vet 45-49
161	0:38:04	MANSFIELD, Zachary		Male under 40
162	0:38:09	FINCH, Seb	Kernow Runners	Male under 40
163	0:38:10	MOORE, Andy	Hayle Runners	Male Vet 45-49
164	0:38:11	SHENTON, Robert	Tamar Trotters	Male Vet 45-49
165	0:38:15	HOWES, Colin	Newquay Road Runners	Male Vet 55-59
166	0:38:24	RALPH, Helen	Tamar Trotters	Female Vet 45-49
167	0:38:27	WATSON, Janet	Falmouth Road Runners	Female Vet 50-54
168	0:38:40	LANGHORN, John	Tamar Trotters	Male Vet 50-54
169	0:38:45	WILLSON, Richard	Truro Running Club	Male Vet 50-54
170	0:38:52	FRASER, Glen	Hayle Runners	Male Vet 45-49
171	0:38:55	PHELPS, Fiona	Tamar Trotters	Female Vet 35-39
172	0:38:56	MOOREY, Keith	Tri Logic Cornwall	Male Vet 40-44
173	0:38:59	BESTWICK, Rachel	Falmouth Road Runners	Female under 35
174	0:39:04	SIMS, Ashley	East Cornwall Harriers	Female under 35
175	0:39:07	WILLBOND-SMITH, Roy	Carn Runners	Male Vet 65-69
176	0:39:09	VICKERY, James	Tamar Trotters	Male Vet 40-44
177	0:39:10	GIRVAN, Stewart		Male under 40
178	0:39:13	HODGES, Neil	Callington RR	Male Vet 45-49
179	0:39:14	TURNER, Yvonne	Mounts Bay Harriers	Female Vet 40-44
180	0:39:16	EVANS, Des	Newquay Road Runners	Male Vet 55-59
181	0:39:19	THOMAS, Andrew	Hayle Runners	Male under 40
182	0:39:20	SUGAR, Eddie		Male Vet 55-59
183	0:39:25	HARLOW, Derek		Male Vet 40-44
184	0:39:26	SPENCER-SMITH, Andrea	Hayle Runners	Female Vet 35-39
185	0:39:30	KELSEY, Louise	Tamar Trotters	Female Vet 35-39

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186	0:39:31	WILLIAMS, Owen	Hayle Runners	Male under 40
187	0:39:35	HITCHENS, Wietske	Newquay Road Runners	Female Vet 40-44
188	0:39:40	BURRELL, Dennis	Carn Runners	Male Vet 60-64
189	0:39:43	FOREMAN, Michelle	Hayle Runners	Female Vet 35-39
190	0:39:45	HENRY, Stephen	Newquay Road Runners	Male under 40
191	0:39:51	COLE, Sally		Female Vet 55-59
192	0:39:52	ROWE, Phil	Hayle Runners	Male Vet 60-64
193	0:39:55	WEST, Andrew		Male under 40
194	0:40:01	PULLEN, Tim	Mounts Bay Harriers	Male Vet 45-49
195	0:40:05	SPRINGALL, Claire	Truro Running Club	Female under 35
196	0:40:08	SCOTT, David	Carn Runners	Male Vet 40-44
197	0:40:09	THOMAS, Rachael	Truro Running Club	Female under 35
198	0:40:10	GREET, Pete		Male under 40
199	0:40:13	ROGERS, Laura	Truro Running Club	Female under 35
200	0:40:14	HAYNES, Robert	Hayle Runners	Male Vet 40-44
201	0:40:17	KRISKOVIC, Sarah	East Cornwall Harriers	Female Vet 35-39
202	0:40:26	CLARKE, Ray	East Cornwall Harriers	Male under 40
203	0:40:27	SQUIRE, Mark	Hayle Runners	Male Vet 50-54
204	0:40:28	SPETTIGUE, Jon	Launceston Road Runners	Male under 40
205	0:40:31	DAVIES, Steve	Romsey RR	Male Vet 50-54
206	0:40:36	EDLIN, David	Newquay Road Runners	Male under 40
207	0:40:38	MELLIS, Susan		Female Vet 55-59
208	0:40:39	MACKLEY, Stephanie	Mounts Bay Harriers	Female Vet 35-39
209	0:40:42	GOODALL, Malcolm	Falmouth Road Runners	Male Vet 40-44
210	0:40:46	WATKINS, Yvonne	Falmouth Road Runners	Female Vet 45-49
211	0:40:52	SMITH, John	Tamar Trotters	Male Vet 50-54
212	0:40:58	COCKINGS, Abby	Womens Running Net (C)	Female Vet 35-39
213	0:40:59	HENWOOD, Alison	Womens Running Net (C)	Female Vet 40-44
214	0:41:00	GILLMAN, Clive	South Devon AC	Male Vet 55-59
215	0:41:02	MORRIS, Sonya	Womens Running Net (C)	Female Vet 35-39
216	0:41:07	SMITH, Stephen	Tamar Trotters	Male Vet 45-49
217	0:41:08	HILL, Nancy	Mounts Bay Harriers	Female Vet 35-39
218	0:41:11	MANDER, Peter	Launceston Road Runners	Male Vet 65-69
219	0:41:14	SIMS, Andrew	East Cornwall Harriers	Male Vet 40-44
220	0:41:16	GALLOWAY, Alison	Carn Runners	Female Vet 40-44
221	0:41:19	TOMS, Faye	Hayle Runners	Female under 35
222	0:41:20	JOSLIN, Alison	Truro Running Club	Female Vet 50-54
223	0:41:22	MARKS, Stephen	Carn Runners	Male Vet 55-59
224	0:41:24	CHAPPLE, Janet	Mounts Bay Harriers	Female Vet 50-54
225	0:41:27	MERRIT, Trish	Hayle Runners	Female Vet 35-39
226	0:41:30	ALLEN, Paul	Tri Logic Cornwall	Male Vet 40-44
227	0:41:42	ROGERS, Victoria	Hayle Runners	Female Vet 40-44
228	0:41:46	KENT, David		Male under 40
229	0:41:50	CHARTERS, Tracey	Womens Running Net (C)	Female under 35
230	0:41:57	ROGERS, Patricia	Truro Running Club	Female Vet 45-49
231	0:42:01	MULLARKY, Mary	East Cornwall Harriers	Female Vet 55-59
232	0:42:04	DUNCAN, Jeanette	Womens Running Net (C)	Female Vet 45-49
233	0:42:06	BOWLES, Phil	Carn Runners	Male under 40
234	0:42:09	MOSS, Alan	Tamar Trotters	Male Vet 50-54
235	0:42:11	SNELL, Frank		Male Vet 40-44
236	0:42:13	CLIFF, Naomi	Hayle Runners	Female Vet 35-39
237	0:42:14	HAYNES, Howard	Hayle Runners	Male Vet 70+
238	0:42:15	BUSCOMBE, Martin		Male under 40
239	0:42:23	DREW, Barry	Carn Runners	Male Vet 60-64
240	0:42:27	VENNING, Martin	Launceston Road Runners	Male Vet 55-59
241	0:42:30	SIMS, Karen	East Cornwall Harriers	Female Vet 40-44
242	0:42:37	COOPER, Lea		Male under 40
243	0:42:38	POLLARD, Linda	Tamar Trotters	Female Vet 50-54
244	0:42:44	HOILE, Rita	East Cornwall Harriers	Female Vet 55-59
245	0:42:45	HATFIELD, Phil		Male under 40
246	0:42:58	STONE, Annette		Female Vet 50-54
247	0:42:59	TRETHEWEY, Martin	Newquay Road Runners	Male under 40
248	0:43:05	GRONWALT, Daniel		Male under 40

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249	0:43:06	LEWIS, Caroline	Hayle Runners	Female Vet 40-44
250	0:43:09	FAIRLAMB, Patricia	MK Lakeside Runners	Female Vet 50-54
251	0:43:13	ROCKETT, Tim	Hayle Runners	Male under 40
252	0:43:21	PASCOE, Caroline	Truro Running Club	Female Vet 40-44
253	0:43:24	BODFISH, Steve		Male under 40
254	0:43:27	JOHNS, Julie	Truro Running Club	Female Vet 45-49
255	0:43:31	COOK, Phil		Male Vet 50-54
256	0:43:34	NEWMAN, Sheila	Tamar Trotters	Female Vet 50-54
257	0:43:39	WILLIAMS, Maria	Hayle Runners	Female Vet 40-44
258	0:43:43	SMITH, Alan	East Cornwall Harriers	Male Vet 65-69
259	0:43:44	TRESEDER, Delia	Mounts Bay Harriers	Female Vet 45-49
260	0:43:45	MERRITT, Diane	Tamar Trotters	Female Vet 40-44
261	0:43:50	CARROLL, Mick	Tamar Trotters	Male Vet 65-69
262	0:43:53	TRESTRAIL, Jo	Carn Runners	Female Vet 35-39
263	0:43:55	PETHICK, Nicola	Launceston Road Runners	Female Vet 40-44
264	0:43:57	DOWRICK, Gloria	Hayle Runners	Female Vet 50-54
265	0:44:07	GAMBLE, Deborah	Truro Running Club	Female Vet 40-44
266	0:44:09	GIBBS, Sonya	Womens Running Network	Female Vet 40-44
267	0:44:21	BROWN, John	Launceston Road Runners	Male Vet 50-54
268	0:44:28	FRITH, Penny	East Cornwall Harriers	Female Vet 35-39
269	0:44:36	ENDEAN, Dave	Sticker Football Club	Male Vet 50-54
270	0:44:42	ANDREWS, Jane	Falmouth Road Runners	Female Vet 35-39
271	0:44:46	KEENS, Oliver		Male Vet 50-54
272	0:44:59	WOOD, Adrian		Male Vet 40-44
273	0:45:00	WRIGHT, Lisa	Womens Running Net (C)	Female Vet 60+
274	0:45:02	REYNOLDS, Andrew	Hayle Runners	Male Vet 40-44
275	0:45:07	BUDGE, Claire		Female under 35
276	0:45:11	SKINNARD, Paula	Tamar Trotters	Female Vet 45-49
277	0:45:14	ROWE, Jane	Womens Running Net (C)	Female Vet 45-49
278	0:45:15	ANNING, Lyndsay	Womens Running Net (C)	Female Vet 35-39
279	0:45:16	NOBBS, Simon	Tamar Trotters	Male Vet 50-54
280	0:45:18	CURTIS, Jill	Cornwall AC	Female Vet 50-54
281	0:45:20	NORTHEY, Joanna	Launceston Road Runners	Female under 35
282	0:45:23	JENKIN, Peter	Falmouth Road Runners	Male Vet 50-54
283	0:45:28	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 45-49
284	0:45:31	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 40-44
285	0:45:32	TREWHELLA, Chris	Mounts Bay Harriers	Male Vet 45-49
286	0:45:42	BOWKER, Rachel	Hayle Runners	Female Vet 35-39
287	0:45:46	TORR, Lynette	Cornwall AC	Female Vet 55-59
288	0:46:11	PILKINGTON, Nick	Tamar Trotters	Male Vet 45-49
289	0:46:22	DANIEL, Andrew	Mounts Bay Harriers	Male under 40
290	0:46:31	LATHOM, Janet	Launceston Road Runners	Female Vet 50-54
291	0:46:34	BARBERY, Tim		Male under 40
292	0:46:47	PHOENIX, Sue	Falmouth Road Runners	Female Vet 50-54
293	0:46:48	RUSSELL, Sarah		Female Vet 40-44
294	0:47:00	BARTLETT, Andy		Male under 40
295	0:47:04	HATCH, David	Moorhaven	Male Vet 60-64
296	0:47:19	SQUIRE, Helen	Hayle Runners	Female Vet 40-44
297	0:47:21	MITCHELL, Marilyn		Female Vet 60+
298	0:47:22	FOLKARD, Julie	Womens Running Net (C)	Female Vet 45-49
299	0:47:23	DAVEY, Emma	Womens Running Net (C)	Female under 35
300	0:47:27	LAVERY, James	Newquay Road Runners	Male Vet 65-69
301	0:47:29	DAVEY, Tracey	Truro Running Club	Female under 35
302	0:47:30	WALLACE, Lisa	Truro Running Club	Female under 35
303	0:47:34	PENNY, Hilary	Falmouth Road Runners	Female Vet 50-54
304	0:47:46	CHAPMAN, Susan	Hayle Runners	Female Vet 45-49
305	0:47:53	SHENTON, Deborah	Tamar Trotters	Female Vet 45-49
306	0:47:54	GUY, Keith	Truro Running Club	Male Vet 55-59
307	0:47:59	MARKS, Wendy	Carn Runners	Female Vet 50-54
308	0:48:06	TAPPIN, Anna	Newquay Road Runners	Female Vet 50-54
309	0:48:09	DEVEREUX, Jacky	Falmouth Road Runners	Female Vet 50-54
310	0:48:10	MORFORD, Anna		Female Vet 40-44
311	0:48:12	WILLIAMS, Amy		Female under 35

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312	0:48:13	MOSS, Julie	Tamar Trotters	Female Vet 45-49
313	0:48:17	COLEMAN, Nikki	Cornwall AC	Female Vet 35-39
314	0:48:18	ALEXANDER, Samantha	Cornwall AC	Female Vet 40-44
315	0:48:19	PHILLIPS, Bill	Tamar Trotters	Male Vet 55-59
316	0:48:24	TRESEDER, Fiona	Mounts Bay Harriers	Female under 35
317	0:48:32	BISPHAN, Nancy	Hayle Runners	Female Vet 40-44
318	0:48:37	STEPHENS, Jenna	Truro Running Club	Female under 35
319	0:48:39	GIBBARD, Helen	Hayle Runners	Female Vet 40-44
320	0:48:49	CULLEY, Carol	Carn Runners	Female Vet 50-54
321	0:49:03	DOWLING, John		Male Vet 55-59
322	0:49:12	PHILLIPS, Nicola	Womens Running Net (C)	Female Vet 35-39
323	0:49:23	FOSTER, Ann	Tamar Trotters	Female Vet 55-59
324	0:49:25	WALTERS, Denise		Female Vet 40-44
325	0:49:35	COLE, Geoffrey	Mounts Bay Harriers	Male Vet 50-54
326	0:49:40	PEARCE, Chris		Male under 40
327	0:49:43	MILLWARD, Laura	Carn Runners	Female Vet 45-49
328	0:49:44	SWEETZER-STURT, Rob		Male under 40
329	0:49:47	BULLEN, Margaret	Truro Running Club	Female Vet 55-59
330	0:49:54	MCGUINNESS, Cath		Female Vet 40-44
331	0:49:54	COOKSLEY, Janie		Female Vet 40-44
332	0:49:59	SMITH, Barbara	Womens Running Net (C)	Female Vet 45-49
333	0:49:59	CAMPBELL, Karen	Tamar Trotters	Female Vet 40-44
334	0:50:07	TAYLOR, Nicky		Female Vet 35-39
335	0:50:24	BENNETTS, William	Hayle Runners	Male Vet 65-69
336	0:50:29	MCCONNELL, John	Tamar Trotters	Male Vet 50-54
337	0:50:38	WISNER, Kath		Female Vet 35-39
338	0:50:48	MURRAY, Debi	Womens Running Net (C)	Female Vet 40-44
339	0:50:50	WIMBERLEY, Julie	Womens Running Net (C)	Female Vet 40-44
340	0:50:51	RULE, Claire	Tamar Trotters	Female under 35
341	0:50:55	LANGSFORD, Arthur	Tamar Trotters	Male Vet 60-64
342	0:51:07	CARROLL, Pam	Tamar Trotters	Female Vet 60+
343	0:51:15	BUDGE, Andrew		Male Vet 40-44
344	0:51:18	STEPHENSON, Christine	Womens Running Net (C)	Female Vet 50-54
345	0:51:30	HARLAND, Simon		Male Vet 40-44
346	0:51:44	BRISTOW, Don	Hayle Runners	Male Vet 70+
347	0:51:45	DREW, Carole	Carn Runners	Female Vet 55-59
348	0:52:12	DROVET, Paula	Falmouth Road Runners	Female Vet 50-54
349	0:52:22	ROSS, Jaqueline		Female Vet 55-59
350	0:52:52	NIGHTINGALE, Sharon	Tamar Trotters	Female Vet 45-49
351	0:52:58	PASCOE, Wendy	Hayle Runners	Female Vet 40-44
352	0:52:59	WOOD, Julie	Hayle Runners	Female Vet 35-39
353	0:53:25	BARRIE, Noelene	Falmouth Road Runners	Female Vet 40-44
354	0:53:44	YATES, Angela		Female Vet 50-54
355	0:53:58	BARKER, Pauline	Tamar Trotters	Female Vet 40-44
356	0:54:04	CALLUS, Gillian	Romsey RR	Female Vet 50-54
357	0:54:16	HAWKEN, Val	Newquay Road Runners	Female Vet 60+
358	0:54:28	TONKIN, Jane	Hayle Runners	Female Vet 35-39
359	0:54:34	PHILLIPS, Jean	Tamar Trotters	Female Vet 55-59
360	0:54:59	EMERY, Julie		Female Vet 55-59
361	0:55:19	HAMMON, Tom		Male Vet 55-59
362	0:55:39	WRIGHT, Mike	Hayle Runners	Male Vet 55-59
363	0:55:40	PEARCE, Jennifer	Womens Running Net (C)	Female Vet 55-59
364	0:56:27	FAULL, Samantha		Female Vet 35-39
365	0:56:32	RICHARDS, Cynthia		Female Vet 50-54
366	0:56:33	BARRETT, Tina		Female Vet 50-54
367	0:56:52	VENNING, Ann	Launceston Road Runners	Female Vet 55-59
368	0:59:04	GALLOWAY, Kathryn	Hayle Runners	Female Vet 35-39
369	1:00:35	ROWE, Emma	Hayle Runners	Female under 35
370	1:02:54	WHITE, Christine	Falmouth Road Runners	Female Vet 60+